

**Excalibur
Restaurant Menu**



Transforming medieval recipes into products to tickle twenty-first century taste buds is an exciting challenge, and this is where the fusion between past and present really happens.

The Avalon Restaurant combines modern technology with medieval flavours to create a surprisingly happy pairing. Medieval food was seasonal, sustainable, and often dairy-free. What's not to love!

Recreating medieval dishes is an adventure. Medieval cookbooks only detail the food of the elite, and it's unlikely that any were written by the cooks themselves!

Like incomplete puzzles, the recipes rarely mention quantities, or temperatures, and give few instructions. We have sensitively reconstructed, with a dose of creative license, truly unique and tantalising dishes to transport your culinary senses on a true journey of discovery.

NOTES

**Kindly inform the hotel staff of any allergies prior to placing an order
(All food may contain traces of nuts)**

Consuming raw or undercooked meat, seafood or egg products can increase your risk of food borne illness.

Please allow 35 minutes for your order, 45 minutes if "Well Done" to be served, tables with large number of guests please allow a longer waiting time

A 10% Service charge will be added to tables of 10 and more.

**PLEASE NOTE NO PERSON IS ALLOWED TO PLAY ON THE FOUNTAIN OR
IN THE WATER FOR THEIR OWN SAFETY**

RIGHT OF ADMISSION RESERVED



BREAKFAST

SERVED FROM 08H00 – 11H00

- Squires Breakfast** **R55**
Two eggs (fried, poached, boiled or scrambled), grilled bacon, grilled tomato and one slice of white or brown toast.
- English Breakfast** **R115**
Two eggs (fried, poached, boiled or scrambled), grilled bacon, grilled tomato, beef sausage, mushrooms and baked beans, served with white or brown toast and French fries
- Flapjacks** **R59**
3 Blueberry flapjacks served with fresh blueberries, cream and honey
- Eggs Benedict** **R85**
Two poached eggs, wilted spinach, hickory ham and a homemade hollandaise sauce served on an English muffin
- Health Breakfast** **R59**
Crunchy muesli with strawberry yogurt and seasonal fruits served with honey
- Peri- Peri Chicken Livers** **R70**
*Chicken livers flambe with brandy, with a hint of fresh chili and garlic topped off with fresh cream **OR** napolitana sauce. Served with a pouched egg and bread fingers*
- Three Eggs Omelette** **R89**
*Three eggs omelette with cheese and your choice of two extra fillings served with white/brown toast **OR** French fries
Extra Fillings: bacon, tomato, mushrooms, hickory ham or mozzarella (Prices Below)*

BREAKFAST EXTRAS:

- | | |
|---------------------|------------|
| Toast | R4 |
| Egg | R6 |
| Tomato | R7 |
| Baked Beans | R8 |
| Bacon Strip | R11 |
| Mozzarella | R15 |
| Mushrooms | R15 |
| Hicory Ham | R19 |
| Beef Sausage | R25 |
| Avocado | R25 |



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LIGHT MEALS

Served From 11h00

Grilled Panini

R79

Served with French Fries **OR** a side salad

Choose between:

Smoked Chicken and Mayonnaise

OR

Ham, Cheese and Tomato;

OR

Tuna Mayonnaise

Grilled Chicken Salad

R 85

Grilled chicken breast fillet on a bed of garden greens with cocktail tomatoes, cucumber and mozzarella, red onion, herb croutons and our house dressing.

Spiced Butternut Salad

R85

Spiced Butternut with cumin, cinnamon and cayenne pepper on a bed of garden greens served with crispy Halloumi, Herb Croutons and a house dressing.

Sweet Chilli Chicken Wrap

R89

Sweet Chili Chicken with Garden Vegetables and Cream Cheese served with French fries **OR** a side salad

Savory Chicken Parcels

R109

Savory Chicken Parcels stuffed with spinach and feta Wrapped in Bacon, Drizzled with Pouring Syrup and Served with French fries **OR** a side salad

Chicken Schnitzel

R85

Chicken breast fillet crumbed and fried served with a sauce of your choice and French fries **OR** a side salad

Beer Batter Hake

R 79

Hake fillet in beer batter fried till golden brown served with homemade tar-tar sauce, lemon wedges & French fries **OR** a side salad

Club Panini

R109

Grilled Panini, filled with Smoked Chicken, Bacon, Fried Egg, Cheese & Tomato served with Chips **OR** Potato Wedges

Grilled Steak

R135

300g Beef Rump grilled with our secret basting sauce, served with a fried Egg & French Fries **OR** a Side Salad

PLATTERS

Build you Own Platter!

Basic platter with portion of chips and three onion rings.

R25

Beef Samosa x 3

R18

Chicken Strips x 3

R36

Chicken Samosa x 3

R18

Buffalo Wings x 3

R33

Veg Samosa x 3

R16

Spinach And Feta Pies x 2

R21

Beef Spring Roll x 3

R22

Mini Sausage Rolls x 3

R21

Chicken Spring Roll x 3

R23

Sticky Ribs x 250g

R60

Veg Spring Roll x 3

R21

Crumbed Mushrooms x 3

R28

Chicken Nuggets x 3

R18

Meat Balls x 4

R25

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STARTERS

Served From 11h00

Avocado & Prawn

R105

Diced Avo with crab on a bed of rocket greens with crispy panko fried prawns served with homemade tartare sauce and spicy dressing

Escargots

R59

*Snails with creamy white wine garlic and cheese **OR** Garlic Butter served with bread fingers*

Chicken Wings

R75

*King Arthur's Chicken wings served with a choice of **BBQ OR** Hot Tangy dipping sauce.*

Cheesy Garlic & Bacon Roll

R49

Garlic Bread roll filled with mozzarella, cheddar & crispy bacon shards

Crumbed Mushrooms

R59

A bowl of succulent crumbed mushrooms deep fried till golden and served with our homemade tartare sauce

Cajun Calamari Starter

R85

*Grilled calamari rings with Cajun butter and garlic **OR** Beer batter calamari rings served with our homemade tartare sauce and lemon wedge*

Peri-Peri Chicken Livers

R65

*Chicken livers flambe with brandy with a hint of fresh chili and garlic topped off with fresh cream **OR** napolitana sauce. Served with bread fingers*

Soup (Seasonal)

R45

Please do ask your waiter for our soup of the day

Baked Mussels

R89

Half shell mussels baked with creamy garlic and white wine sauce with parmesan cheese. Served with bread fingers



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FROM THE GRILL

Served From 11h00

Grilled Steaks

400g Beef Sirloin

OR

300g Beef Fillet

OR

500g T-bone steak

With vegetables of the day, crispy onion rings and your choice of one side.

*Baked potato with sour cream and chives **OR***

*Parmesan and truffle infused potato wedges **OR***

*Mozzarella Mealie pap balls **OR***

*French fries **OR***

Side Salad

R199

500gr Sticky Ribs

Pork Ribs basted in our secret basting sauce, served with Onion rings and one side.

R185

Excalibur's Roasted BBQ Chicken

Chicken breast roasted and carved away from the bone Grilled with our secret basting sauce with vegetables of the day and one side

R135

Gourmet Burger

200g Beef or Chicken patty topped with tomato, bacon, mushrooms, gherkins, basil pesto and our famous cheese mix. Served with French fries or potato wedges

R125

Beef Fillet with Snails

300g Beef fillet topped with garlic butter snails. Served with vegetables of the day and one side

R225

PASTA

Creamy Chicken & Mushroom Linguine

Tender grilled chicken breast with a creamy mushroom sauce layered on a bed of linguine

R105

Hickory Ham, Cheese and Mushroom Pasta

Diced Hickory ham and mushroom with creamy béchamel sauce topped with parmesan cheese served on a bed of linguine

R110

Vegetarian Pasta

Seasonal vegetables in a Napolitana sauce served on a bed of linguine

R79

Pasta & Meat Balls

Traditional meat balls with napolitana sauce on a bed of linguine topped off with parmesan cheese

R105

Seafood Pasta

*Fish, prawn meat, half shell mussels and calamari pasta with creamy white wine and garlic pasta **OR** Napolitana sauce on a bed of linguine pasta. Topped off with parmesan cheese*

R165

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SPECIALITY DISHES

Served From 11h00

Eisbein

R175

Excalibur's famous Eisbein served with Mashed Potato & Sauerkraut, accompanied with homemade apple sauce and mustard sauce

Excaliburger

R499

(Serves Four People – Ideal for Sharing)

The Giant EXCALIBURGER consisting of Four 200g Homemade Beef Patties, Tomato, Bacon, Onion rings , Mushrooms , gherkins and Our Secret Cheese Mix, served on a toasted Bun accompanied with a kilogram of Chips with crispy bacon shards

Grilled Butterfish

R265

Grilled Butterfish smothered in white wine garlic sauce with half shell mussels and shrimp finished with parmesan. Served with vegetables of the day

Excalibur Lamb Shank

R199

Slow Braised Lamb shank served with vegetables of the day mashed potatoes and pan jus

Slow Roasted Pork Belly

R165

Slow roast pork belly with white wine, fennel and garlic served with apple infused pan gravy, vegetables of the day and one side

King Arthurs Mixed Grill

R329

(Serves two, ideal for sharing)

Beef Fillet, chicken breast Fillet, prawns and chorizo sausage grilled with our secret basting sauce. Served on the king's sword with vegetables of the day and two sides

Pink Prawn Flambe

R309

10 Argentinian pink prawns Flambe with brandy with garlic butter and Parsley served on a bed of savoury rice

SIDE DISHES'

Black Pepper Corn Sauce

R25

Three Cheese Sauce

R25

Mushroom Sauce

R25

Portuguese Sauce

R25

Hollandaise Sauce Home Made

R25

Mustard Sauce

R25

Tartare Sauce

R25

Creamy Garlic Sauce

R25

Excalibur's Side Salad

R25

Greek Salad

R65

French Fries

R29

Onion Rings (9 Pieces)

R25

Mozzarella Mielie Pap Balls

R29

Vegetables

R25

Mash Potato

R20

Potato Wedges

R20

Baked Potato With Sour Cream

R25

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DESSERTS

Strawberry Cheese Cake <i>Vanilla cheese cake with textures of strawberries and cream</i>	R59
Excalibur Style Lemon Tart <i>Lemon tart served with Italian meringue</i>	R59
Chocolate Marquise <i>White & Dark Chocolate mousse with homemade coffee ice cream with a surprise garnish</i>	R65
Chef's Cheese Platter <i>Brie, Fig goats' cheese, creamy blue and Mozzarella, nuts, crackers and grapes served homemade coulis</i>	R109
Chocolate Brownies <i>Chocolate brownies made with real chocolate, served with vanilla ice cream and drizzled with chocolate sauce and sprinkled nuts</i>	R55
Malva Pudding <i>Traditional South African Malva pudding, covered with custard and served with Vanilla ice cream</i>	R55
Crème Brule <i>Traditional Crème Brule</i>	R65
Chocolate Volcano <i>Decadent chocolate pudding with a molton centre served vanilla ice cream.</i>	R69

KIDDIES MENU

Served From 11h00

Chicken Nuggets <i>Deep Fried Chicken Nuggets and French Fries served with a Thousand Island Dip.</i>	R55
Crazy Sticky Ribs <i>Really Sticky Pork Ribs Basted in Soy Sauce, Brown Sugar and Tomato Sauce served with French Fries</i>	R75
Mini Excalibur <i>The Mini Tower of Camelot consisting of a 100g Homemade Beef Patty, Tomato, Lettuce and Cheese, served on toasted Bun and French Fries.</i>	R59
Toasted Cheese <i>Toasted Cheese sandwich with the most delicious Cheese mix melted to perfection, served with French Fries</i>	R45
Ice Cream With Chocolate Sauce <i>Three scoops of Ice Cream served with a chocolate sauce and a sprinkle of popping candy</i>	R35

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